Registration Form

Name_____

Address_____

City, Zip_____

Contact Telephone_____

Contact Email_____

Age if Jr. _____ Ability: (Beginner), (Intermediate), (Advanced)

Health Concerns:_____

Select Program(s) and league (s):
Session 1:____ Session 2:_____
Women's Doubles_____ Men's Doubles_____
Girls' Doubles_____ Boys' Doubles_____
Adult Mixed Doubles_____
I would be interest in singles leagues if offered: __
Amount Enclosed:$_____

Checks Payable to:

McGregor Links Country Club

***Drop off or mail detached Registration Form and payment to:**

McGregor Links
Tennis Program
359 Northern Pines Road
Wilton, New York 12301

Director of Tennis

Mark Rabideau joins McGregor Links Country Club as the Director of Tennis and Head Instructor. Mark is the Director of the Ballston Area Community Summer and Winter Tennis Programs and heads the Varsity Boys' and Girls' tennis teams at Ballston Spa High School.

Contact Mark for other playing opportunities. Additional groups, sessions, and lessons will be formed upon interest.

Email: mrabs10@gmail.com

Office Phone: 518-584-6270

Twitter: @McgregorTennis

McGregor Links Country Club

Tennis Program

2016

Leagues

Wednesday Evenings
June 15-August 17
(10 Weeks)

Group	Level	Time (pm)
Women's Doubles	2.5-3.5	5:00-6:30
Men's Doubles	3.5-4.5	6:30-8:00

Tuesday Evenings
June 28-August 30
(10 Weeks)

Group	Level	Time (pm)
Girls' Doubles	High School	3:45-5:15
Boys' Doubles	High School	5:15-6:45
Adult Mixed Doubles	3.0-4.0	6:45-8:15

League Costs:

Member	Non-Member
$70	$85
$70	$85

Clinics and Instruction

Session 1

Thursday Evenings
May 26-June 30
(6 lessons)

Group	Ages	Time (pm)	Member	Non-Member
Junior Stars	7-10	5:00-5:45	$60	$74
Excellence	11-13	5:45-6:30	$60	$74
High School	14-17	6:30-7:30	$66	$80

Saturday Mornings
June 4-June 25
(4 lessons)

Group	Ages	Time (am)	Member	Non-Member
Adult Beginner	18+	7:00-8:00	$44	$61
Adult Intermediate	18+	8:00-9:00	$44	$61

Session 2

Tuesday and Thursday Mornings
July 5-July 28
(8 lessons)

Group	Ages	Time (am)	Member	Non-Member
Adult Beginner	18+	7:00-8:00	$88	$103
Adult Intermediate	18+	8:00-9:00	$88	$103
Tots	4-6	9:00-9:45	$70	$85
Junior Stars	7-10	9:45-10:45	$80	$95
Excellence	11-13	10:45-11:45	$80	$95
High School	14-16	11:45-12:45	$88	$103

Tennis at McGregor

Fundamentals- Drills designed for every ability level. Focus is on technique, types of strokes, and hand-eye coordination.

Cardio-Fun and fast paced drills and games. Focus is on strength and cardiovascular endurance while playing the game of tennis.

Match Play -Drills and games designed to simulate match play. Focus is on singles and doubles strategy, positioning, and shot selection in a competitive environment.

*Members take priority in filling the clinics.

*Ages do not always coincide with ability. The director will suggest a clinic if a player is better suited in a different group.

*All lessons rained out will be rescheduled.

*For league play, players are responsible for finding a substitute with a similar ability if they will miss a week. Please contact The Director of Tennis for a list of recommended substitutes.